

Lessons

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| Lesson 1 | Hide and Seek | Additional | <ul style="list-style-type: none"> Show sensitivity to others' needs and feelings and forms positive relationships with adults and other children(ELG 2021) Knows when to say thank you' and 'sorry' sorry, thank you |
| Lesson 2 | Nan's House | No Place Like Home | <ul style="list-style-type: none"> Show sensitivity to others' needs and feelings and forms positive relationships with adults and other children (ELG 2021) Say when someone is special to them special people, grandparents (grandma, grandad), parents (mum, dad), friends, family |
| Lesson 3 | I Like... | Additional | <ul style="list-style-type: none"> Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG 2021) Knows personal likes, dislikes and preferences healthy, prefer, choose, favourite, dislike, want, need |
| Lesson 4 | It's Your Turn | Let's Play | <ul style="list-style-type: none"> Work and play cooperatively and take turns with others (ELG 2021) Takes steps to resolve conflicts with other children by finding compromises (DM) Recognises, names and owns everyday feelings such as happy, sad and cross happy, sad, cross, feeling, upset, excited |
| Lesson 5 | What a Problem! | Additional | <ul style="list-style-type: none"> Explain the reasons for rules, know right from wrong and try to behave accordingly (ELG 2021) Joins in and enjoys a range of activities Works together cooperatively towards common goals agree, rules, compromise, share, disagree |

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| Lesson 6 | Take the Plunge! | Additional | <ul style="list-style-type: none"> Be confident to try new activities and show independence, resilience and perseverance in the face of challenge (ELG 2021) try, new, confident, support, encourage |
| Lesson 7 | An Old Friend | Under the Sea | <ul style="list-style-type: none"> Form positive attachments to adults and friendships with peers (ELG 2021) best friend, friend |
| Lesson 8 | Me and You | Happy To Be Me | <ul style="list-style-type: none"> Recognise that they are unique See themselves as a valuable individual identical, twins, brother, sister, sibling, similar, different, unique |
| Lesson 9 | Stick to the Rules | Additional | <ul style="list-style-type: none"> Work and play cooperatively and take turns with others (ELG 2021) rules, listen, follow, help |
| Lesson 10 | Rainy Days | Additional | <ul style="list-style-type: none"> Set and work toward simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG 2021) boring, idea, play, decide, compromise |
| Lesson 11 | I Feel Poorly | Additional | <ul style="list-style-type: none"> Show sensitivity to their own and to others' needs (ELG 2021) poorly, sick, unwell, better, medicine, doctor, nurse |

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| Lesson 12 | Clean and Tidy | Additional | <ul style="list-style-type: none"> • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG 2021) • Understand the importance of personal hygiene germs, clean, tidy, washing hands, brushing teeth |
| Lesson 13 | Bully Boy | Tell Us A Story | <ul style="list-style-type: none"> • Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG 2021) bully, bullying, sad, hurt, upset, cross, friends, help |
| Lesson 14 | Family Fun | Happy To Be Me | <ul style="list-style-type: none"> • Form positive attachments to adults and friendships with peers (ELG 2021) • Recognises ways in which their families are special family, relatives, mum, dad, uncle, auntie, cousins, grandparents, grandad/pa, grandma/nana, brother, sister, siblings |
| Lesson 15 | One Gold Star | Additional | <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge (ELG 2021) achievement, trying hard, happy |
| Lesson 16 | All Join In | Come Fly With Me! Asia | <ul style="list-style-type: none"> • Build constructive and respectful relationships friends, teacher, travel, experiences |

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| Lesson 17 | I'm Stuck | Help is At Hand | <ul style="list-style-type: none"> • Show resilience and perseverance in the face of a challenge • Know the people who look after them and their different roles and responsibilities fireman/woman, ambulance, 999, emergency, help, nurse, doctor, parent |
| Lesson 18 | A Piece of Cake | Additional | <ul style="list-style-type: none"> • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG 2021) challenge, ingredients, equipment |
| Lesson 19 | Busy Body | Happy To Be Me | <ul style="list-style-type: none"> • Show sensitivity to their own and to others' needs (ELG 2021) • Recognise that their bodies can do lots of different things • Know why it is important to physically active • Show awareness of physical differences • Join in and enjoys a range of activities exercise, healthy, race, sport, winning, losing, celebrating |
| Lesson 20 | The New Pet | No Place Like Home | <ul style="list-style-type: none"> • Show and understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG 2021) • Knows how to care for living things pets, dog, cat, rabbit, hamster, fish, water, bed, clean out, hutch, cage |

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| Lesson 21 | Getting in a Knot | Additional | <ul style="list-style-type: none"> • Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG 2021) <p>getting dressed, clothes, shoes</p> |
| Lesson 22 | E Safety, Be Safe | Additional | <ul style="list-style-type: none"> • Think about the perspective of others • Know how to make good decisions • Begin to develop an awareness of E-Safety <p>game, laptop, message, computer, virus, pop-ups</p> |
| Lesson 23 | Eid Mubarak | Additional | <ul style="list-style-type: none"> • Explain own knowledge and understanding (DM 40-60 months) • Form positive attachments to adults and friendships with peers (ELG 2021) <p>Eid, Islam, Muslim, celebration, fasting, Ramadan, religion, mosque, games, food</p> |
| Lesson 24 | Playtime Games | Additional | <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others (ELG 2021) • Plays cooperatively and learns to take turns <p>taking turns, leader, bossy, rude, fair, helpful</p> |
| Lesson 25 | Litter Bug | What On Earth! | <ul style="list-style-type: none"> • Explain the reasons for rules, know right from wrong and try to behave accordingly (ELG 2021) • Begin to consider the impact of their actions on others and the environment <p>monitors, neat and tidy, look after, litter, bin, rubbish</p> |