**Pre curricular PSHE 2025-2026**

|  |  |
| --- | --- |
| Autumn 1   1. Weeks) | Our classroom environment  Rules in school  Lesson 1 – Hide and Seek  Lesson 3 – I like  Friendship/How to care for family and friends  Lesson 5 – What a Problem  Lesson 6 – Take the Plunge |
| Autumn 2  (7 Weeks) | Lesson 9 – Stick to the Rules  Likes/dislikes  Fair/unfair  Lesson 10 – Rainy Day  Lesson 12 – Clean and Tidy  Right/wrong  Lesson 13 – Bully Boy |
| Spring 1  (6 Weeks) | Lesson 15 – One Gold Star  Being responsible  Taking Turns  Being kind verses unkind words and actions  Lesson 18 – A Piece of Cake  Understand how our behaviour affects others |
| Spring 2  (5 Weeks) | My feelings  Others feelings  My opinion  Lesson 21 – Getting in a Knot  Lesson 22 – E Safety, Be Safe |
| Summer 1  (6 Weeks) | What groups are in the community?  Which groups do I belong in?  Consent Session – Pantersaurus  Looking after the environment  Making good choices about our health and well being  Looking after the environment |
| Summer 2  (7 Weeks) | Making good choices about our health and well being  Lesson 24 – Playtime Games  Safe Zone – Lesson 1 Happy Birthday Great-Grandpa Joe  Safe Zone – Lesson 2 Family Connection  Safe Zone – Lesson 3 What a Nuisance  **Being Healthy and Safe Week (Week 6):**  Safe Zone – Lesson 4 Yesterday’s News  Safe Zone – Lesson 5 Great Grandpa Joe’s Robin Surprise  Safe Zone – Lesson 6 Music to Great Grandma Joe’s Ears  Safe Zone – Lesson 7 Time Flies for Grandpa Joe Lesson 23 – Eid Mubarak  Transition |

Additional topics added to support PD.