

3D PSHE Additional Units Key Stage 2

Relationships and Sex Education	Lesson 1	Forming Relationships	<ul style="list-style-type: none"> Know how and understand why close relationships are formed, especially during adolescence Understand why friendship is important in the establishment of close relationships
	Lesson 2	Sexual Relationships	<ul style="list-style-type: none"> Know about and understand the physical, mental and emotional changes that take place during puberty Learn about sex (and bust some myths!)
	Lesson 3	Healthy Relationships	<ul style="list-style-type: none"> Understand why friendship is important in the establishment of close relationships Know the features of a healthy relationship
	Lesson 4	Unhealthy Relationships	<ul style="list-style-type: none"> Understand what an unhealthy relationship is and know how to deal with relationship issues
	Lesson 5	Gender Issues Relationships	<ul style="list-style-type: none"> Know about gender identities and have an awareness of transgender issues, including gender reassignment Understand the difference between being transgender and cross-dresser