



## Spring Term 2017 PE Review

Building on previous successes such as the Sainsbury's School Games Gold Award and our award for Merseyside Sport Primary School of the year 2016, we have continued to look for new and innovative ways of further improving our PE and school sport.



The High Sheriff of Merseyside was delighted to visit Orrets Meadow to present us with our Merseyside Sport Primary School of the Year award.

### Leadership

Orrets Meadow is looking to build upon the successes of last year's Young Ambassador Peer Leader Programme. Improving the independence of pupils is a whole-school priority and leadership through PE and sport can help to achieve these aims. 12 volunteers from Y6 have enjoyed training in leadership and inclusive activities. This will then be extended to Y5 pupils later in the academic year.

YA Peer Leaders is an intervention, originally funded by the Department for Education, providing young people in Years 5-9 the opportunity step onto the leadership ladder. YA Peer Leaders receive training to develop their leadership

skills and improve their delivery of inclusive physical activities through learning and applying the STEP principle. Each YA Peer Leader will deliver **12 weeks/sessions of lunchtime activity** with priority given to pupils who have been identified as **not currently being fully engaged by the current sport offer**. The participants selected will go through the following journey on the programme:

### YA Peer Leader Journey



### Participant Journey



The programme aims to increase the activity levels of young people in KS1-2 and provide them with the motivation to seek further opportunities in both leadership and school sport.

Pupils were surveyed for their views and levels of activity in week 1 of the programme and that will be repeated in week 12 to measure progress.

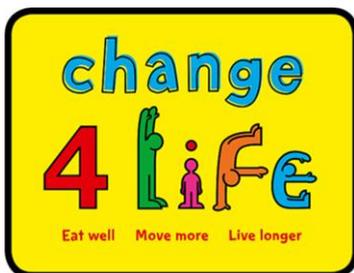
Young Ambassador Peer Leaders will:

1. Be the youth voice for PE and school sport in their school and community
2. Promote the positive values of sport
3. Be a role model and will champion PE and school sport
4. Increase participation opportunities and healthy lifestyles for everyone

The programme has begun and is being co-ordinated by Mr Saul with assistance from Mr Woolley. So far the leaders have made an excellent start showing enthusiasm, confidence and commitment. The participant children are enjoying a range of inclusive activities such as shrinking circles boccia, 'monsterball', sitting volleyball and goalball.



The Orrets Meadow sports leaders also recently enjoyed the opportunity to take part in the Change4Life Champions training course run in partnership with the Youth Sport Trust and Liverpool John Moores University. The children learned the important roles and responsibilities of leadership, took part in a range of social and collaborative team challenges and enjoyed getting active in a performance of the Haka!



### **Competitive opportunities**

Each half termly scheme of work delivered in school culminates in a Level 1 intra-school event to engage as many youngsters as possible. This then feeds into a Level 2 inter-school event to be held in the last week of each half term. As much as possible, events coincide with national and international events to have the "Wimbledon effect" on youngsters and inspire them to participate in sports beyond the school gates.

## New Age Kurling

In February, a group of children with ASC in Y4/5 enjoyed the opportunity to compete in a New Age Kurling tournament at South Wirral High School. NAK is an opportunity for SEND children to engage in a target and tactic driven sport. The game is designed to develop social and motor skills and is suitable for students with a variety of needs. The children were enthusiastic about the event and won a Sainsbury's School Games Award for showing Self-Belief.



## Seated Volleyball

In March, some of our pupils with ASC were chosen to represent the school in a seated volleyball festival. The inclusive adapted format of the game allows teams to compete with a range of mixed abilities. Despite the emphasis being on fun and social skills, we were very proud of our team who managed to win the competition (winning 4 out of 5 games!) The sport has since proved extremely popular back at school.



## Everton FC Football Festival



Our youngest children were excited to be invited to play in a fun football festival run by Everton FC at Clare Mount. A mix of mainly Y1 and Y2 children had a fantastic time learning skills, playing games and taking part in a fun tournament.



## SNAG Golf

Class 4 enjoyed an afternoon sampling SNAG golf ('Starting New At Golf'), which is widely regarded as the best first touch program to effectively teach the game of golf to people of all ages and ability levels. SNAG golf offers the

versatility to learn and play in almost any environment you choose. It aims to teach golf fundamentals in a fun and easy way.



### **Inter-School Competition**

As well as attending festivals and tournaments Orrets Meadow has continued to enjoy football fixtures against other schools. The children have not only performed well during games but they have displayed fantastic sporting behaviour mirroring the Olympic values which are embedded throughout our school life: determination, equality, inspiration, respect, courage, friendship and excellence. Plans are in place to extend the range of independently organised sport fixtures.

### **Enrichment Activities**

Alongside competitive events we have continued to provide a range of enrichment activities for the children. In January Year 6 were delighted to participate in 5 weeks of Judo led by a former Commonwealth Games competitor for England. Many of the children described the Judo sessions as their favourite activity they have done at school. Since the sessions, some of the children have expressed an interest in joining the local judo club we have links with. This is in addition to many past pupils who are still attending the club. Judo has been a great success at Orrets, not only helping to instil sporting values such as respect and discipline but also helping to promote life-long participation in physical activity.



In February Year 6 were lucky to receive tag-rugby coaching sessions run by Hannah Aldridge, a coach from Sale Sharks. The whole-school were also able to benefit from a tag-rugby club running for 5 weeks.

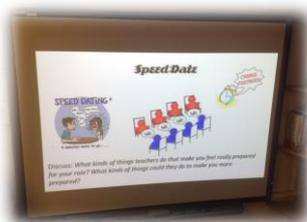


Dance Club has returned following the specialist dance sessions run by Miss Corcoran from Clare Mount. Mrs Walsh has shown a great enthusiasm to lead sessions after receiving some CPD. The skills and routines learned will help build towards a dance festival performance in June.



## Staff training

Staff have continued to be offered a rich and varied programme of CPD and training including follow-up sessions. Mr Saul has led some theory based sessions focusing on autism in PE, practical adaptations and individual support sessions. This has been reinforced during lessons with Jon White from Clare Mount Specialist Sports College. Teaching Assistants have continued to receive mentoring and coaching from Mr White with targeted objectives tailored to meet the needs of the individual and class. Staff have been offered external CPD opportunities such as tennis, gymnastics and TOPs games.



## Inspiration

In March, a group of Year 5 & 6 gifted and talented children were invited to take part in an in-line skating master-class with Jenna Downing, in-line skating World Champion and Sky Living for Sport mentor. The children enjoyed an assembly documenting Jenna's incredible life story and achievements alongside her '6 steps to success'. They then took part in some co-operative and collaborative team challenges before trying in-line skating for themselves! The children thoroughly enjoyed Jenna's enthusiastic and energetic master-class; showing great resilience when they fell over!



As part of the sports leaders Change4Life Champions Training session, Paralympic silver medallist cyclist Rik Waddo n provided an inspirational talk about the difficulties in his life and his achievements due to hard work and determination.



## **Physical Education and Sport Apprentice Scheme**

Miss McDonough left the staff in December to take up a full-time post at a nursery. We have been very fortunate to find an excellent replacement in Mr Woolley, who adds an expertise in football and fitness. Mr Woolley leads sessions such as sensory circuits, extra-curricular activities and assists in PE lessons every afternoon. Additional duties include managing and organising equipment and updating the school website and social media. He will be driving forwards the leadership programme and intra-school competition.

The value the position of a PE apprentice can bring to school includes:

- Role-models for pupils in school. Young men or women contributing to society by working with passion and enthusiasm
- They assist with PE lessons enabling teachers to enhance their practice, provide differentiated learning and in some instances the apprentices can lead parts of lessons and advise on coverage of units and session ideas
- They contribute to other subjects e.g. reading, maths and groups interventions
- Help to transform extra-curricular sport and activities
- Help to get less active young people interested in sport and physical activity thus contributing to their general health and well-being
- Lead on competitive sports opportunities through schemes such as the School Games

## **Monitoring and assessment of the impact of PE funding**

### PE and sport surveys

Staff completed comprehensive PE audits and pupils answered short questionnaires. The answers have been used to inform our strategy - different targets for improvement have been developed this year with their own monitoring tools and success criteria. Teaching Assistants have also completed the surveys - they were not included in the past. More targeted support has been put in place for TA's this academic year, matched to their individual needs.

Mr Saul and Mr White and conducted lesson observations and learning walks with specific foci. The results have been very encouraging with observations of excellent practice in areas such as TA deployment, differentiation and assessment for learning. Data from these will be reported at the end of the academic year.

As Orrets Meadow strives to further improve the quality quantity of PE and school sport, applications will be made to maintain our current Gold Award from the School Games and to achieve our next aim: the Association for PE Quality Mark. Future reports will contain data evidencing progress towards such accreditations.