

Clare Mount Sports College, Moreton

Plan Your Legacy Handball Festival Thursday 28th November 2013 Leasowe Recreation Centre, Leasowe, Wirral.

Get Set, the official Olympic and Paralympic education programme in the UK, is delighted to announce the launch of its latest initiative 'Get Set to Plan Your Legacy'. The programme, which is funded by the Department for Education, sees 105 schools benefit from grants to support them in delivering activities to maximise the legacy of the London 2012 Olympic and Paralympic Games – this is what Clare Mount have done.

Building on the success of 'Plan your 2012', a London Organising Committee (LOCOG) programme, the 'Get Set to Plan your Legacy' takes inspiration from the Olympic Values of excellence, friendship and respect and the Paralympic Values of determination, inspiration, courage, and equality. The grants will enable schools to run Olympic and Paralympic inspired projects with other local schools in their community. --

35 pupils from Castleway Primary School, Leasowe Primary School and Orrets Meadow Primary School kept the Olympic and Paralympic spirit alive last Thursday, the 28th November 2013.

The pupils took part in a handball festival at Leasowe Recreation Centre with GB 2012 Olympic Handball star Chris McDermott. Chris, who is from Birkenhead and has just returned from playing Europa League handball in Kosovo for Salford Handball Club, put on a coaching clinic for 60 minutes working on all the essential skills needed for handball.

Chris then organised the schools into teams. They played over 60 minutes of handball games showing off their skills and were obviously completely inspired by Chris! All the schools demonstrated the Olympic and Paralympic values of respect, friendship, excellence, determination, courage, equality and inspiration. Chris was very impressed with the standard of handball saying "Yeah, they've all done really well and picked up the skills so quickly. The games have been really good with lots of good play and they've really enjoyed it."

Chris will now follow up the festival with 5 hours of free coaching available to all schools in the **Clare Mount Sports College Primary School Partnership**. This partnership is funded by the Department for Education school sport premium funding.

The second phase of the programme will involve Jordyn Layfield (Premier League 4 Sport) offering 5 more hours of Plan Your Legacy coaching in table tennis.



