

Orrets Meadow School



"To raise the aspirations of every child and give them confidence to fulfil their potential through positive experiences"

PE Report December 2014

OFSTED – The PE and sport premium for primary schools

Orrets Meadow School has been identified by OFSTED as performing well in PE and after an inspection in April 2014 we have been used as a case study to share good practice for effective use of funding as part of national report. The case study focuses on using expert staff to plan staff development and train others in PE:

Case study: Grow your own – using expert staff to plan staff development and train others in PE

Orrets Meadow School

This special school decided to use some of its new funding to allocate a temporary pay award and some non-teaching time to the specialist PE subject leader. The aim was to ensure a lasting legacy of good-quality PE and sport throughout the school. This included:

- leading training to increase the subject knowledge and teaching skills of staff
- monitoring the work of visiting specialist teachers and coaches
- organising after-school sport and engaging all pupils in sustained physical activity during lunchtimes
- organising more competitions within school and between schools in the cluster
- liaising each week with the specialist PE teacher from a partner school
- linking learning to major sporting events, such as the Commonwealth Games and the Open Golf Championship
- developing opportunities for pupils to become sport leaders.

Part of the new funding was also used to employ a second specialist teacher from a partner special school. Both specialist teachers have organised personalised programmes of support and development for each member of staff based on an audit of their individual needs. Common areas for improvement, such as assessment and adapting activities to provide the right level of challenge and support for pupils of different abilities, were addressed with staff collectively. At the start of each six-week unit of work, a specialist teacher taught PE lessons while the class teacher observed and assisted. In subsequent lessons, the class teacher began to contribute to assessments, lead parts of lessons or work with small groups. By the end of the unit of work, the teacher led the lesson, observed by a specialist teacher who provided feedback and set objectives for further improvement. The work in lessons was supported by regular staff meetings and training from the specialist teachers. Governors received regular reports from the subject leader to help them evaluate the success of the actions being taken. These reports were then posted on the school website for parents.

Context: School PE and Sport Premium:

£300 million of funding for primary school sport

On 16th March 2013, the Government announced that it was to provide funding of £150 million per annum for academic years 2013/14 and 2014/15. This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport and the money goes directly to primary school head teachers to spend on improving the quality of sport and PE for all children. The rationale is that it will capitalize on the legacy of the London 2012 Olympic Games. The funding may only be spent on PE and sport provision in schools.



Orrets Meadow has a teacher whose specialist subject is PE. Following on from the external coaching-based School Sport Partnership Scheme, Mr Saul then taught the majority of the school's PE for a number of years. This meant that other teachers hadn't taught PE for a considerable period of time. Recently as the school's staffing structure has changed, other class teachers have begun to teach more PE. Orrets Meadow has taken the recent recommendations from Ofsted and the government very seriously and is striving to improve the quality of teaching and learning within PE and sport. We are now in our second year of using the funding to improve PE. In preparation for the academic year 2014-15 there was a consultation between Mrs Duncan and Mr Saul to decide how to spend the PE and sport funding (mentioned above):

- Clare Mount Specialist Sports College Partnership £3500
- Teacher Release and contribution to TLR £2330
- Curriculum Enrichment £1500 (e.g. Judo, Fencing, Bikeability etc.)
- PE Scheme of Work (Wirral) £700
- Clubs/Resources £300

Total: £8330

Clare Mount Specialist Sports College

Orrets Meadow has invested £3.5K of our funding allocation to employ a qualified PE teacher from Clare Mount Specialist Sports College ('an outstanding school' - Ofsted 2010) for half a day a week through-out the year to coach and mentor members of our teaching staff so they are more confident and competent in the delivery of PE. Clare Mount also co-ordinate CPD for our staff as part of this arrangement, as well as organising half termly Level 1 and Level 2 competitions.

Our remaining funding has been spent on improving our resources, on funding additional coaches to enhance our extra-curricular programme, on transport and teacher-release for events and CPD training.

Mr Saul has been released to work for half a day a week to coach and mentor members of teaching staff in a similar way to that of the specialist from Clare Mount. A staff audit for PE was conducted to build profiles of strengths, weaknesses and requests for further CPD. The mentoring has continued to be successful with teachers showing an enthusiasm and dedication to the programme.

Clare Mount Specialist Sports College is a Lead Partner School for the Youth Sport Trust and as such delivers training opportunities in 'inclusive' PE and Sport across the North West and at National Conferences throughout the year. Clare Mount has achieved the Youth Sport Trust Gold Award.

Orrets Meadow School has built upon the success of the recent OFSTED report and has been awarded the Sainsbury's School Games Silver Award. The following press release was shared with parents:



Orrets Meadow School in **Wirral, Merseyside** is celebrating after being recognised for its commitment to competitive sport by achieving the prestigious **SILVER** Sainsbury's School Games Mark award.

The Sainsbury's School Games, which is supported by National Lottery funding from Sport England, and delivered by the Youth Sport Trust, provide a unique opportunity to motivate and inspire millions of young people across the country by encouraging them to take part in competitive school sport. The Games are made up of four levels of activity: competition in schools, between schools, at county/area level and a national event for the most talented school age athletes. To recognise good practice schools are encouraged to apply for Mark to celebrate their achievement and **Orrets Meadow School** has been successful in achieving the **SILVER** standard.

Over the last year **Orrets Meadow** has taken part in a range of competitive sporting opportunities including: Athletics, Basketball, Boccia, Cricket, Fencing, Football, Handball, Hockey, Judo Netball, Table Tennis, Tennis and Volleyball.

Mrs Duncan, Headteacher at Orrets Meadow said:

"Well done to all the staff and children in achieving their Silver Award. This award shows the commitment everyone at Orrets has towards PE and this is driven by Mr Saul. Next year we're going for gold!"

Mr Saul, PE and School Sport Leader at Orrets Meadow said:

"It is a tremendous achievement for all the staff and pupils at Orrets Meadow. Everybody has worked so hard to create such a wide range of engaging and competitive sporting opportunities for the children. Our pupils have shown a great enthusiasm for PE and sport and have played a big part in helping to lead, manage and officiate in the games too. We look forward to enjoying more sporting opportunities in the coming academic year. "

We are extremely proud of gaining the Silver award and we are now aiming to achieve the Gold award in 2015.

Autumn Term 2014 PE Review

At the end of the summer term, The Open golf championship was back on the Wirral this year at Royal Liverpool Golf Club between 13th and 20th July 2014. Orrets Meadow was delighted to have been accepted on the "Road to the Open 2014" golf project. In the build-up to the championship the project engaged with golfing facilities, local communities and schools to provide opportunities to increase participation of golf in Wirral. Year 5 pupils were lucky to be invited to the Open on Monday 14th July. Children (and staff!) were very excited to be part of the project and had a fantastic time exploring the course, watching professional players and taking part in coaching sessions and competitive challenges.



Staff Survey

The starting point in September was to find out how pupils and staff felt about PE and then tailor our plans accordingly. Staff completed a comprehensive PE audit. There have been some changes in teaching personnel but 3 of the teaching staff are now in their second year of receiving support in PE. Out of 7 staff surveyed, 3 members of staff described themselves as being confident or very confident in teaching PE. This is in contrast with a year ago in which no members of staff had described themselves as confident teaching PE.

In September 2013 only 16% of all responses indicated confidence in subject knowledge across the 6 main curriculum activity areas. This has increased to 44% in September 2014. Qualitative data such as perceived strengths and areas for improvement was also taken and has been used as a basis for planning, mentoring and CPD.

Pupil Survey

66 pupils answered a child-friendly survey about PE at Orrets Meadow. Children were also asked about their favourite activities and whether they played sports outside of school. Results included:

	Sept 2014	March 2015	July 2015	
Enjoy it	73%			
It's OK	20%			
Don't Enjoy It	7%			

Children were also asked about their favourite activities:

What are your 3 favourite activities? Results included:

- 1) Swimming
- 2) Football
- 3) Basketball

These preferences will be used to inform planning of lessons, festivals and competitive opportunities. The results will also be monitored to see if other activities covered at Orrets grow in popularity due to high quality teaching and learning or increased opportunity.

Children were also asked whether they played sports outside of school.

Do you play at a sports club out of school? :

31 children said that they played sport outside of school. This was in stark contrast to September when very few children gave a positive response. Activities out of school included:

- Swimming
- Horse Riding
- Kickboxing
- Taekwondo
- Judo
- Rugby
- Yoga
- Football
- Tennis
- Gymnastics
- Trampolining
- Free Running
- Boxing
- Athletics

Staff Training

In September teaching staff took advantage of whole-school INSET provided by Clare Mount Specialist Sports College. The focus was the new curriculum 2014 and using a variety of resources to adapt the activities to meet the needs of individual pupils. Mr Saul has also provided support for planning and

assessment of the new curriculum. We have introduced a whole-school athletics programme based on UK Athletics' Elevating Athletics and pupils' performance is recorded on a database and progress will be assessed throughout the year. The autumn term has also seen the continuation of the popular FUNs programme (Fundamental Movement Skills) which is also a whole-school initiative to develop children's balance, co-ordination and agility through personal challenges. Staff have been trained how to implement the programme in their teaching and how to use it for assessment.



New PE Scheme of Work

Using some of the PE and school sport funding, Orrets Meadow has purchased the Wirral Scheme of Work for PE. Mr Saul and staff have begun to use the scheme but having only received it in November, its application is still in its infancy. The plan is for teachers to use the scheme to inform their lesson planning and when possible to match lessons to the appropriate year group expectations. Staff will be expected to use their acquired knowledge of the STEP framework and the Inclusion Spectrum to make appropriate adaptations to meet the individual needs of their pupils. Mr Saul will lead further training on planning, delivery and assessment during the Spring Term.



Competitive opportunities

Each half termly scheme of work delivered in school culminates in a Level 1 intra-school event to engage as many youngsters as possible. This then feeds into a Level 2 inter-school event to be held in the last week of each half term. As much as possible, events coincide with national and international events to have the 'Wimbledon effect' on youngsters and inspire them to participate in sports beyond the school gates.

This term we have taken part in a number of sports festivals and opportunities:

- Basketball Festival (Kingsway Academy)
- Sportshall Athletics Festival (Kingsway Academy)
- Football fixtures v Lingham School and Sandbrook School

Following a whole-school athletics focus in PE lessons, a selection of some of our most talented athletes represented the school at a Y5/6 mainstream primary athletics festival at Kingsway Academy, Wallasey. It was an action-packed event with over 200 children competing across a full range of Eveque Sportshall Athletics events including team sprints, hurdles, speed bounce, long jump, triple jump and javelin amongst many others. Our children competed well, displaying impeccable sporting behaviour both as a team and also as individuals. We joined Claremount to make a larger combined team and the children showed determination, patience and friendship towards others. The progress made during PE lessons was evident during the event and the children should be extremely proud of their performance.



Inter-School Competition

Orrets Meadow has continued to compete in fixtures, independent of the partnership, against other schools during the autumn term. Our main participation has been in football. Orrets Meadow Y5/6 team have enjoyed success in fixtures against Lingham School and Sandbrook School. There was an opportunity for 3 of our children from the ASC base to participate and we were extremely proud of how well they integrated and showed good sporting behaviour. We have more fixtures planned, including some to include Y3/4 children.



Intra-School Competition

Since the introduction of 'The Battle of the Planets' House System, Orrets Meadow is proud of its 100% intra-school participation record. Every child in school will have represented their House in a sporting activity or competition by the end of the academic year. Activities covered in the intra-school competitions in the autumn term so far include sprinting, jumping and throwing.



Enrichment Activities

Alongside competition within school we have continued to provide a range of enrichment activities for the children.

Year 6 had an amazing time on a 3-day residential trip to Barnstondale in October. It was an action-packed trip full of outdoor and adventurous activities such as climbing, abseiling, archery, rifle-shooting, problem-solving and orienteering. Friendships were made and the children grew in confidence and maturity. Social activities such as the campfire, sports events and movie night helped to add to the fun had throughout the daytime activities. Since returning to school, the children have been positive towards wider aspects of school life and most regard Barnstondale as the best experience of their school lives so far.

Barnstondale October 2014



Bike Right Ability

Year 6 pupils enjoyed a 2 day cycling course designed to teach them to ride a bike safely and responsibly. Specialist instructors led sessions to develop technique and skill and aimed to help make cycling journeys safer and more enjoyable both on and off-road. The children began in a traffic-free environment, learning the basics of how to control their bike and make an off-road trip e.g. cycle paths. In the second session they were taught how to cycle on quiet roads but in real traffic conditions. From a PE perspective we hope such skills will guide children towards lifelong participation in cycling. Children will be signposted towards local cycling clubs and events in addition to our own Orrets Cycling club.

