**Governor Visit – Afternoon curriculum**

**Thursday 13th February 2020**

Ian Patten - Sharks Class Governor

On my arrival to Sharks Class there was the sound of calming sounds being played. Once the children were seated, they were all asked individually to share how their own emotional wellbeing for the afternoon was on a scale of 1 to 10. The children answered sensibly and gave reasons for the score given. This very calm class is led by Mr Saul, Mrs Maddocks and Mrs Ward.

I was observing a Dimensions Lesson on Buddhism. Mr Saul skilfully kept the class engaged throughout the lesson and the children were highly motivated to learn more and keenly asked questions to find out more information about Buddhism.

The class shared what they had learnt in the less and the knowledge they now knew by completing a whole class Kahoot quiz on their Ipads. They enjoyed this and was brilliant to see the amount they could recall of what they had learnt. They shared their answers and I found they were supportive of each other if anyone could not recall the answer.

Next they worked on a Buddhist Mandala. This was worked on in quiet atmosphere as Mr Saul explained about what Buddhists did to relax. They did some meditation before they carried out their independent learning opportunity. The class shared their feelings and experiences on doing so, using words like calming, relaxing thoughts and sounds of nature and sounds of bird songs.

It was a fantastic lesson as usual and I was amazed at how much knowledge they retained, especially as many have poor working memory difficulties.

Thank you – I look forward to my visit next term.

Ian Patten Class governors 13.02.2020