

Orrets Meadow School



Life Skills and Social Skills Policy

"To raise the aspirations of every child and give them confidence to fulfil their potential through positive experiences"

Orrets Meadow Curriculum Aims and Values

Aims

To ensure all our children are at the centre of a broad, varied and interesting learning experience that is enjoyable and relevant for the future. Our creative, multisensory curriculum will create a sense of awe and wonder and help to inspire a lifelong love of learning. The holistic nature of our practice will promote positive mental health and well-being and will enhance our children's life skills, social skills and cultural awareness.

Values

Our curriculum will promote a range of values including:

- Respect
- Empathy
- Responsibility
- Equality
- Independence
- Happiness
- Resilience
- Gratitude
- Honesty
- Friendship

Intent

Purpose of study

Essential life skills such as confidence, motivation, resilience and communication are associated with better academic outcomes and better prospects in the workplace, and there is an increasing emphasis on their value, given that future of the labour market trends towards automation.

The main focus for schools has been on developing children's core academic knowledge and skills in literacy, numeracy, and range of curriculum subjects. However, there are other skills that are increasingly seen as important to children's wider development: 'essential life skills' such as confidence, social skills, self-control, motivation, and resilience. These are the attitudes, skills and behaviours that are thought to underpin success in school and work and include the ability to respond to setbacks, work well with others, build relationships, communicate effectively, manage emotions, and cope with difficult situations. Such skills are often referred to as 'social and emotional skills', 'soft skills', 'non-cognitive skills' or 'character'. Historically they have been seen as distinct from academic knowledge and skills; however this has begun to change. They are increasingly thought to play an important part in learning, as well as contributing to children's wider development, well-being and readiness for life beyond school. When we refer to 'life skills' in this policy, we are referring to these essential life skills – and social skills (although taught discretely at Orrets Meadow) are a part of them. The umbrella of life skills also includes 'functional' life skills which our stakeholders have indicated as a high priority for the children at our school e.g. self-care, dressing skills, eating skills and etiquette, ability to tell the time and an understanding of how and why we use money.

Aims

Our life skills and social skills curriculum aims to ensure that all pupils improve:

- **Self-perceptions and self-awareness**. These relate to a child's knowledge and perception of themselves and their value, their confidence in their current abilities and a belief in their efficacy in future tasks.
- **Motivation**. This can be characterised as the reasons for which individuals strive towards goals. It includes the belief that effort leads to achievement, distinguishes whether goals are set by other people or by oneself, and the value that is attached to the goal in question, aspiration and ambition.
- **Self-control and self-regulation**. These refer to how children manage and express emotions, and the extent to which they overcome short-term impulsivity in order to prioritise higher pursuits.
- **Social skills**. These describe a child's ability and tendency to interact with others, forge and maintain relationships, and avoid socially unacceptable responses. They cover communication, empathy, kindness, sharing and cooperativeness. They are absent when a child is solitary, shy or withdrawn.
- **Resilience and coping.** These are demonstrated when an individual is able to adapt positively and purposefully in the face of stress and otherwise difficult circumstances. Resilience is not so much an aspect of character as a developmental process the ability to summon strength when needed and 'beat the odds' of adversity.
- Independence and community participation. These include areas of life such as independent living, personal safety and self-care, knowledge and understanding of healthy lifestyles and engagement in community activities and leisure.

Why are life skills and social skills important?

There is growing evidence that life skills are associated with a range of positive outcomes at school and later in life (Sutton Trust, 2017). Many studies show that non-academic skills in childhood, (including self-control, self-perceptions and social skills), are strong predictors of adult outcomes - including employment, wellbeing, and physical and mental health. Research shows that having belief in their ability to influence events appears important in shaping a broad range of outcomes such as educational attainment, employment success, socioeconomic status, mental health and wellbeing, and some physical health outcomes. Young children's self-control skills, such as conscientiousness, self-discipline and perseverance can predict their health, wealth and criminal history in later life regardless of IQ or social background. Indeed, some argue that these skills are as important, or more important, than academic skills – and that their importance in the future jobs market is growing. For example, recent research from the United States has argued that there are clear benefits to life skills in the workplace, arguing that jobs requiring high levels of social interaction have grown substantially. A recent report from the Sutton Trust points out that technological trends in the labour market affecting routine occupations mean that the value of interpersonal skills is likely to be even greater as automation takes further hold, and those with the educational background to take advantage will benefit the most. Reinforcing this message, the Confederation for British Industry's (CBI) most recent survey of employers on education and skills found that "businesses are clear that first and foremost they want to recruit young people with attitudes and attributes such as resilience, enthusiasm and creativity. They are not selecting simply on the basis of academic ability." The CBI emphasises the central importance to employers

of young people having a positive attitude and resilience, demonstrated for example by a readiness to take part, openness to new ideas and activities, a desire to achieve, and an understanding that hard work and effort yields results.

Due to the context of our school (SEN with social-communication difficulties) and that our children typically find it more difficult to acquire and develop these skills naturally or at the same pace as neurotypical children, it is perhaps even more important that life skills and social skills are placed amongst our highest priorities.

Implementation

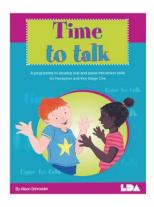
When are life skills and social skills taught?

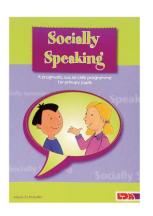
Each class in school receives one life skills lesson (minimum of 30 minutes) and one social skills lesson (minimum of 40 minutes) per week. The attached overview maps out topics and content and the long-term plan clearly shows the progression of skills across the school.

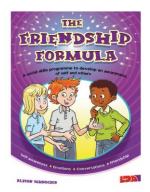
How are life skills and social skills taught?

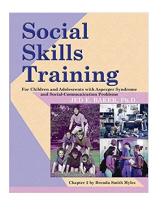
Learning is multi-sensory, varied and adaptable and lessons takes place both inside and outside the classroom. There is a focus on making learning fun, practical and relevant. We use a range of reputable evidence-based resources to help deliver the programmes.

Social Skills









Staff use the above programmes as a basis for planning and delivery but are very much encouraged to adapt and innovate to meet the needs of their children. Although most classes will follow progression of skills similar to their curriculum learning pathways (Explorers, Pathfinders, Adventurers), if children are developing at different rates to their classmates then there is flexibility to adapt teaching for individuals or small groups. Lessons are usually scheduled for the start of a week, which allows the class teacher and support staff to bait the skills taught across a range of contexts and evaluate progress throughout the week. The lessons have some common features running through their basic structure e.g. meet and greet, circle time, game, skill development and social skills activity time. Although discrete taught skills are the main focus, the ethos of social skills lessons encourages enjoyment and building positive relationships between children and staff.

Life skills

Due to the incredibly varied nature of life skills, we use a wide range of resources from trusted sources including:







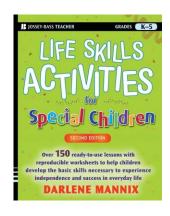












As with social skills, the detailed planning and delivery of life skills lessons is at the discretion of class teachers (in consultation with SLT). Staff are provided with the medium term objectives which fit within a wider progression of skills, but this needs to be adapted to meet the needs of class groups and individuals. Staff carefully select and use the resources mentioned to plan lessons and follow-up activities for their children. As with social skills, life skills taught are then baited and practised through a wide range of opportunities and contexts. Communication with parents is also vital and opportunities to learn and practise life skills at home are strongly encouraged.

Life skills and social skills lessons both reflect and contribute to the wider SMSC (Social, Moral, Spiritual and Cultural) opportunities of the children at Orrets Meadow. We use a range of teaching and learning styles and place an emphasis on active learning by including the children in discussions, investigations and problemsolving activities. Pupils are prompted to consider and express their attitudes and beliefs surrounding the issues and topics studied. We encourage all of our children to take on the moral responsibilities associated with being a proactive and pro-social citizen of any community - whether local or global. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the leading of special events such as assemblies or theme days, or involvement in community activities. We offer children the opportunity to meet visiting speakers, such as health workers, police, and members of the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community. Our children also study aspects of life and culture in other countries, draw comparisons and empathise with others. They evaluate living in a parliamentary democracy and investigate British Values.

Access to the curriculum

All children will have access to life skills and social skills but it is at the class teacher's discretion (in consultation with SLT) how that will be planned and delivered. This ensures that children's individual needs will be met.

What do we learn about in life skills and social skills?

We learn about the following:

- Personal Care
- Emotional Literacy
- Resilience
- Relating Basic Information
- Staying Safe
- Citizenship
- Shopping Skills
- Money
- First Aid
- Time Skills
- Public Speaking Skills
- Cookery and Eating Skills
- Healthy Lifestyles
- Animal Care
- Jobs and Careers
- Community Service
- Philosophy
- Transition to High School

- Self-awareness
- Emotions
- Family and Friends
- Communication skills
- Conversations
- Friendship
- Appropriate and inappropriate behaviour
- Role-play of social settings
- Mindfulness and positive mental health

Who do we learn about in life skills and social skills?

Staff use storytelling to tell narratives with specific themes such as assertiveness, negotiations, and decision making. Stories help children to identify choices they make on a day to day basis and the consequences of making decisions. We also use role play to explore real-life situations and unfamiliar concepts and develop the skills of negotiation, empathy, assertiveness, communication and self-awareness. We learn about a range of people (both real and fictitious) who help to demonstrate the skills listed above, including:



Role-models and future careers



Social stories promoting life skills



Promotion of inter-generational relationships



Promotion of caring attitudes and relationships



Role-models and advocates for mental health

Promotion of physical health and wellbeing

Life Skills Overview



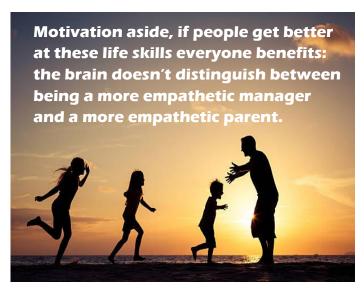
Learning Pathway	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Explorers	Personal Care	Relating Basic Information	Time Skills	Money	Healthy Lifestyles	Cookery and Eating
	Emotional Literacy	Staying Safe	Shopping Skills Shop Visit	Resilience	Animal Care Visit	First Aid
	Personal Care	Being a Good Citizen	Time Skills	Speaking Skills	First Aid	Cookery and Eating
Pathfinders	Resilience	Shopping Skills Supermarket Visit	Relating Basic Information	Money Animal Care Visit	Jobs & Careers	Staying Safe
Con	Personal Care	Being a Good Citizen	Time Skills	Cookery and Eating	Community Service	Philosophy
Adventurers	Resilience	Money	Helpful Information	Shopping Skills Town shops Visit	Staying Safe	First Aid Animal Care Visit
	Personal Care	Money	Shopping Skills	Healthy Lifestyles	Philosophy	Transition
Navigators	Resilience	First Aid	Time Skills City Shops Visit	Cookery and Eating Eating Out Visit	Speaking Skills	Jobs & Careers

Social Skills Overview

Learning Pathway	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Explorers	Introducing Ginger Listening Happy or Sad How is Ginger feeling How are we feeling? Ginger takes her turn	Let's take turns Colouring in Ginger Our bodies Our faces Listen to our bodies Ginger's house	Rooms of the house Which room are we in? Sounds in our house Wake up Ginger Question time First, next and last	Ginger's wardrobe Getting dressed Hanging out the washing Packing the suitcase What am I? Supermarket shopping Where do they go?	Meal time Cooking time Eating out Ginger goes to school Days of the week Let's pretend What do I use in the classroom?	Beside/next to Below/under Behind Over/above In front Obstacle course Teddy bear's picnic
Pathfinders	Eye contact Our bodies Let's keep still Video time Looking interested Let's practise	Let's go shopping Let's be the teacher Joining in conversations Using our voices Myself I am unique Here I am	Review Happiness Sadness Excitement Anger Many emotions	What is a friend? Friendship Vouchers How to make friends Similar interests Keeping friends Friendship awards	Review Telephone calls Messages Answerphone Who do I ring? Emergency	Our café Let's eat Let's order Let's go out Invitations Tea party
Adventurers	Rules of the group Things I enjoy Things I am good at My favourite things The inside 'me' Things I have achieved	Being a friend to myself 1 and 2 My family 1 My family 2 Happiness Intensity of happiness	Relaxation Positive emotions Sadness Intensity of sadness Negative Emotions Stress Stressful situations	Stress and the body Listening Eye contact Non-verbal communication Voice Good speaking Conversational topics Maintaining a conversation	Asking questions Conversations Evaluating conversations Friendship survey Shared interests Appreciation Helping Others	Sharing Joining in Compromising Playing games How is your friend? Having fun
Navigators	Listening Greetings and introductions Conversation skills Topics of conversation Compliments	Co-operative play Compromising Dealing with winning Dealing with losing	Informal v formal Facts v opinions Positive attention Modesty Appropriate touch Peer Pressure	Recognising feelings Calming strategies Problem solving Dealing with mistakes Understanding anger Trying new things	Trying when work is hard Showing empathy Asserting yourself Dealing with teasing	Giving criticism Accepting criticism Respectful attitude





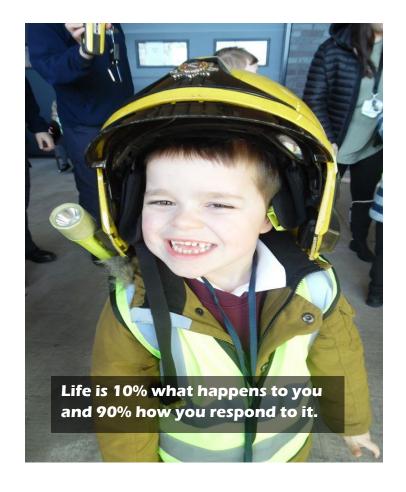














Life Skills Progression of Skills Examples

Life Skills - Personal Care Overview



Learning Pathway	Skills	Resources/Notes
Explorers	Toileting Use toilet independently in familiar setting Communicate that they need to use toilet as necessary Adjust clothing to use toilet Maintain privacy when using toilet Adjust clothing when finished using toilet Wash hands after using toilet	
	Hygiene Maintain good hand hygiene Clean face	
	Dressing Dress self effectively Co-operate within dressing routine Match clothing to body part Put on clothing in correct sequence Use a range of fastenings on clothing Tidy clothes away	

Life Skills - Shopping Skills Overview 2019-20



Learning Pathway	Skills	Resources/Notes
Pathfinders	Why we go shopping Understand where money comes from Give examples of things we might need to buy and where we might buy them (different shop types and locations) Plan what to buy and which shop type for specific item	
	When we are shopping Explain what happens when we go shopping Know what is acceptable behaviour in a shopping environment Locate items in a shop (or ask for help to locate item) Pay for items in a shop (with support)	
	Other I can explain how offers and advertising might affect our choices Understand we or our parents cannot buy everything we would like	

<u>Social Skills – Progression of Skills Examples</u>

Time To Talk

Session 1	Introducing Ginger	•	auditory memory
			listening skills
		•	small group skills
Session 2	Listening	•	identifying listening behaviours - recognising
			them in self and in others
		•	small group skills
Session 3	Happy or Sad	•	identifying listening behaviours – recognising
			them in self and in others
			small group skills
			identifying the emotions happy/sad through
			facial expressions and posture in own self and in
			others
Session 4	How is Ginger feeling	•	identifying listening behaviours – recognising
			them in self and in others
			small group skills
			identifying the emotions happy/sad through
			facial expressions
Fooder F		•	problem solving – cause/effect with emotions
Session 5	How are we feeling?		identifying listening behaviours – recognising
			them in self and in others
			small group skills
			identifying the emotions happy/sad through
			facial expressions
		ı	problem solving – cause/effect with emotions
		٠.	greeting another using eye contact, turn taking
	l	1	answering and asking questions appropriately
Section 6	Giogna takes her turn	-	televité des litricules habandanes - consentates
Session 6	Ginger takes her turn	•	, 6 6 6
Session 6	Ginger takes her turn		them in self and in others
Session 6	Ginger takes her turn		them in self and in others small group skills
Session 6	Ginger takes her turn		them in self and in others small group skills identifying the emotions happy/sad through
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking anowering and asking questions appropriately turn taking
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking anowering and asking questions appropriately turn taking eye contact comprehension/expression of verbs
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking anowering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language
Session 6	Ginger takes her turn	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions
		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking anowering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language
		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking anowering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others
		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn-taking anowering and asking questions appropriately turn-taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others small group skills
		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others small group skills problem solving – cause/effect with emotions
		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others small group skills problem solving – cause/effect with emotions greeting another using eye contact, turn taking
		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking anowering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others small group skills problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately
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		:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others small group skills problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact
Session 7	Let's take turns	:	them in self and in others small group skills identifying the emotions happy/sad through facial expressions problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact comprehension/expression of verbs initiating language giving/following instructions identifying listening behaviours – recognising them in self and in others small group skills problem solving – cause/effect with emotions greeting another using eye contact, turn taking answering and asking questions appropriately turn taking eye contact using language to describe another using most important features

Socially Speaking

Session 1	Eye contact	greetings
Session 2	Our bodies	eye contact
Session 3	Let's keep still	showing an interest
Session 4	Video time	turn-taking
Session 5	Looking interested	awareness of physical attributes
Session 6	Let's practise	
Session 7	Let's go shopping	listening
Session 8	Let's be the teacher	 sitting appropriately and keeping still
Session 9	Joining in conversations	asking/answering questions
Session 10	Using our voices	using the voice effectively
Session 11	Myself	compliments
Session 12	I am unique	
Session 12 Session 13	I am unique Here I am	
	· ·	Skills
Session 13	· ·	Skills • personal target setting
Session 13 Unit 2 -Let's Be Friends Session 14 Session 15	Here I am	personal target setting develop friendships and
Session 13 Unit 2 -Let's Be Friends Session 14	Here I am Review	personal target setting develop friendships and relationships
Session 13 Unit 2 -Let's Be Friends Session 14 Session 15	Review Happiness	personal target setting develop friendships and relationships identify own feelings
Session 13 Unit 2 -Let's Be Friends Session 14 Session 15 Session 16	Review Happiness Sadness	personal target setting develop friendships and relationships identify own feelings understand how others feel
Session 13 Unit 2 -Let's Be Friends Session 14 Session 15 Session 16 Session 17	Review Happiness Sadness Excitement	personal target setting develop friendships and relationships identify own feelings
Session 13 Unit 2 -Let's Be Friends Session 14 Session 15 Session 16 Session 17 Session 18	Review Happiness Sadness Excitement Anger	personal target setting develop friendships and relationships identify own feelings understand how others feel understand how behaviour
Session 13 Unit 2 -Let's Be Friends Session 14 Session 15 Session 16 Session 17 Session 18 Session 19	Review Happiness Sadness Excitement Anger Many emotions	personal target setting develop friendships and relationships identify own feelings understand how others feel understand how behaviour affects others

The Friendship Formula

Unit 1 – Self Awareness		Skills
		Skills
Session 1	Rules of the group	Who am I?
Session 2	Things Lenjoy	What are my interests? What are my likes and
Session 3	77.	What are my likes and dislikes?
Session 3	Things I am good at	What are my strengths and
Session 4	My favourite things	weaknesses?
Session 5	The inside 'me'	 What are my personality traits?
Session 6	Things I have achieved	What have I achieved and what would I like to achieve?
Session 7	Being a friend to myself 1	How can I be a friend to
Session 8	Being a friend to myself 2	myself? Who is in my family?
Session 9	My family 1	 What are the personality traits of my family members?
Session 10	My family 2	traits of my family members:
Unit 2 – Emotions		Skills
Unit 2 – Emotions Session 1	Happiness	Awareness of emotions
	Happiness Intensity of happiness	
Session 1	1	Awareness of emotions Appropriate responses of emotions Identifying the optimum level
Session 1 Session 2	Intensity of happiness	Awareness of emotions Appropriate responses of emotions Identifying the optimum level of arousal to be relaxed and calm
Session 1 Session 2 Session 3	Intensity of happiness Relaxation	Awareness of emotions Appropriate responses of emotions Identifying the optimum level of arousal to be relaxed and
Session 1 Session 2 Session 3 Session 4	Intensity of happiness Relaxation Positive emotions	Awareness of emotions Appropriate responses of emotions Identifying the optimum level of arousal to be relaxed and calm Identifying stress and anxiety Strategies for achieving the optimum level of arousal
Session 1 Session 2 Session 3 Session 4 Session 5	Intensity of happiness Relaxation Positive emotions Sadness	Awareness of emotions Appropriate responses of emotions Identifying the optimum level of arousal to be relaxed and calm Identifying stress and anxiety Strategies for achieving the optimum level of arousal Managing and evaluating outbursts
Session 1 Session 2 Session 3 Session 4 Session 5 Session 6	Intensity of happiness Relaxation Positive emotions Sadness Intensity of sadness	Awareness of emotions Appropriate responses of emotions Identifying the optimum level of arousal to be relaxed and calm Identifying stress and anxiety Strategies for achieving the optimum level of arousal Managing and evaluating
Session 1 Session 2 Session 3 Session 4 Session 5 Session 6 Session 7	Intensity of happiness Relaxation Positive emotions Sadness Intensity of sadness Negative Emotions	Awareness of emotions Appropriate responses of emotions Identifying the optimum level of arousal to be relaxed and calm Identifying stress and anxiety Strategies for achieving the optimum level of arousal Managing and evaluating outbursts Playground support Developing awareness and support of peers
Session 1 Session 2 Session 3 Session 4 Session 5 Session 6 Session 7 Session 8	Intensity of happiness Relaxation Positive emotions Sadness Intensity of sadness Negative Emotions Stress	Awareness of emotions Appropriate responses of emotions Identifying the optimum leved of arousal to be relaxed and calm Identifying stress and anxiety Strategies for achieving the optimum level of arousal Managing and evaluating outbursts Playground support Developing awareness and

Unit 3 – Conversations		Skills
Session 1	Listening	 Conversations – starting,
Session 2	Eye contact	maintaining and ending
		Good listening Body position
Session 3	Non-verbal communication	Voice—e.g. appropriate
Session 4	Voice	volume
Session 5	Good speaking	Gaining attention Conversational topics
Session 6	Conversational topics	- Conversational topics
Session 7	Maintaining a conversation	-
Session 8	Asking questions	1
Session 9	Conversations	-
Session 10	Evaluating conversations	1
Unit 4 - Friendship		Skills
Session 1	Friendship survey	 Identifying different intimacy levels of friendship
Session 2	Shared interests	Being a good sport
Session 3	Appreciation	Showing interest in others Appreciating others
Session 4	Helping Others	Helping others
Session 5	Sharing	Sharing
		 Joining in with others
Session 6	Joining in	Compromising
Session 7	Compromising	 Playing games Identifying emotions in
Session 8	Playing games	others Having fun
Session 9	How is your friend?	- mornigium
Session 10	Having fun	1
		1
	•	•

Impact

How do we assess and monitor life skills and social skills?

We use the Autism Framework Tracker to track pupil progress in life skills and social skills. Each child has their own individual Autism Framework Tracker booklet which is used throughout their journey at Orrets Meadow School and passed on to their secondary school, to support with transition. The child is given a baseline on entry and then the document is completed on a yearly basis by the class teacher. The data is analysed helping to identify strengths and weaknesses of individual children and of the cohort. It also feeds into the child's Individual Education Plan (IEP).

SLT, teachers and subject leaders use assessment for learning to inform planning, teaching and learning and CPD opportunities. SLT and subject leaders are continuously monitoring their subject to ensure it meets the needs of our pupils. They monitor using a variety of activities, including:

- Learning walks
- Book scrutiny
- Lesson observations
- Pupil survey and discussions
- Staff survey and discussions

We are excited to teach life skills and social skills and know the programmes will positively impact on our pupils' lives both in school and outside of school.





Social communication	Active	Emotional understanding and self awareness	Active	Progression 📑
. Listening and understanding	0 / 46	1. Understanding and expressing own emotions	0 / 14	1 Togicosion
. Expressive communication	0 / 59	2. Managing emotions and behaviour	0 / 18	framework
3. Conversations	0 / 14	3. Understanding others' emotions / intentions	0 / 16	Hainework
		4. Self-awareness	0 / 22	
Social interaction	Active	5. Developing confidence and self esteem	0 / 20	
. Being with others	0 / 10			
. Positive relationships (adults)	0 / 29	Learning	Active	Overview
B. Positive relationships and friendships (peers)	0 / 25	1. Organisation and independent learning	0 / 50	<u>Over view</u>
. Group activities	0 / 22	2. Motivation and engagement	0 / 53	
		3. School routines and expectations	0 / 29	
Social imagination and flexibility	Active	4. Evaluating own learning	0 / 25	
. Coping with change_	0 / 12			Charts
. Transitions	0 / 13	Independence and community participation	Active	Chard
. Special interests	0 / 12	1. Independent living	0 / 58	
. Play	0 / 35	2. Personal safety	0 / 35	
. Problem solving and thinking skills	0 / 31	3. Road safety and travel	0 / 40	
		4. Keeping healthy	0 / 30	
Sensory processing	Active	5. Personal care_	0 / 43	•
. Understanding and expressing own sensory needs	0 / 11	6. Leisure	0 / 19	⊕ autism
. Responding to interventions	0 / 16	Additional learning intentions	0 / 10	*autism education trust
. Increasing tolerance of sensory input	0 / 7	Please type students name below:-		
. Managing own sensory needs	0 / 14	****		schools programme