# PSHE Year One Overview of Dimension Lessons

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| Happily Ever After | Year 1 Core Theme 2 Unit 2 LESSON 1: Definition - A Bully is…  Year 1 Core Theme 2 Unit 2 LESSON 2: Unkindness - Blame Game  Year 1 Core Theme 2 Unit 2 LESSON 3: Behaviour - Bullying is...  Year 1 Core Theme 2 Unit 2 LESSON 4: Behaviour - + and –  Year 2 Core Theme 2 Unit 2 LESSON 5: Behaviour - Help Me! Y2  Year 2 Core Theme 2 Unit 3 LESSON 5: Teasing - Cry Baby! Y2 |
| Go Wild | Year 1 Core Theme 1 Unit 1 LESSON 4: Physical Activity - Get Physical!  Year 2 Core Theme 1 Unit 3 LESSON 2: The Human Body - Body Bits  Year 2 Core Theme 1 Unit 1 LESSON 6: Exercise - Workout! |
| Come Fly With Me - Arctic | Year 1 Core Theme 2 Unit 4 LESSON 2: Friendship - Make Friends  Year 1 Core Theme 2 Unit 4 LESSON 1: Friendship - Forever Friends  Year 2 Core Theme 2 Unit 4 LESSON 4: Friendship - Share Alike  Year 1 Core Theme 1 Unit 1 LESSON 2: Healthy Eating - Meat Eaters  Year 2 Core Theme 2 Unit 4 LESSON 3: Friendship - Hola! Bonjour! |
| Unity in the Community | Year 2 Core Theme 3 Unit 2 LESSON 1: Our School - Common Goals  Year 1 Core Theme 1 Unit 5 LESSON 2: Road Safety – Green X Code  Year 2 Core Theme 3 Unit 2 LESSON 2: Belonging - I Belong …  Year 2 Core Theme 3 Unit 2 LESSON 3: Belonging - Join Our Club!  Year 2 Core Theme 3 Unit 2 LESSON 4: Local Citizenship - Our Local Area  Year 2 Core Theme 3 Unit 2 LESSON 5: Local Citizenship - Community Care |

**Core Theme Coverage:**

Core Theme 1 Health and Wellbeing

Core Theme 2 Relationships

Core Theme 3 Living in the Wider World

**Additional Coverage:**

4. Relationships and Sex

5. Extremism and Radicalisation

6. Drugs Ed

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