

## Summer Term 2015 PE Review

It has been another busy term for PE and school sport at Orrets Meadow. After being awarded the Silver Mark Award from Sainsbury's School Games, we have set our sights on Gold for this academic year and so have been striving to provide as many opportunities for our young people as possible.

### **Competitive opportunities**

Each half termly scheme of work delivered in school culminates in a Level 1 intra-school event to engage as many youngsters as possible. This then feeds into a Level 2 inter-school event to be held in the last week of each half term. As much as possible, events coincide with national and international events to have the "Wimbledon effect" on youngsters and inspire them to participate in sports beyond the school gates.

This term we have taken part in a number of sports festivals and opportunities:

A group of Year 6 gifted and talented athletes enjoyed an afternoon masterclass from middle and long distance runner Jonny Mellor. Jonny originates from Wirral and is one of Britain's brightest distance running talents, having represented England at the Commonwealth Games and GB at the World Indoor Championships. His next goal is to qualify for Rio 2016. The children were put through their paces in warm-ups, paced laps and sprints. They arrived back at school exhausted but inspired by Jonny's story and coaching session!



As part of National School Sport Week a group of children from our ASC base went to take part in a unique aquatic event - indoor canoeing! With no boats or water involved the children learned the technique, teamwork and safety skills needed for canoeing and competed well in challenges and competitions against pupils from Clare Mount Specialist Sports College.



Within school, our Battle of the Planets system has continued to inspire and motivate the children. Teamwork, co-operation and a sense of community has been emphasised with activities such as boccia, hockey, tennis and cricket in the summer term.

### **Inter-School Competition**

As well as attending festivals and tournaments Orrets Meadow has continued to enjoy success in independent football fixtures against other schools. The focus this term has been on inclusion and we have been proud to field 'B' and 'C' teams as well as ASC-friendly fixtures against Hayfield School. The children have not only performed well during games but they have displayed fantastic sporting behaviour mirroring the Olympic values which are embedded throughout our school life: determination, equality, inspiration, respect, courage, friendship and excellence.



## Sainsbury's School Games Day

The Sainsbury's School Games is a unique opportunity to motivate and inspire millions of young people across the country to take part in more competitive school sport. Our participation in the games has built on our existing work to offer pupils a year-round programme of regular intra-school competition in a number of sports that culminated in a Sainsbury's School Games Day on 17<sup>th</sup> June.

During the day each child was offered at least 2 hours of curriculum PE time and a range of break-time and lunch-time options. Staff were trained in using the resources to lead activities and events included:

- Boccia
- Table Tennis
- New Age Kurling
- Cycling
- Volleyball
- Football
- Goalball
- Tennis
- Cricket
- Golf
- Indoor Sailing
- Handball



There was a major focus placed on a set of values developed by young people called the Spirit of the Games. The values are self belief, honesty, teamwork, respect, determination and passion. Awards were given out to those pupils demonstrating the values. One of the highlights of the day was the brilliant job done by our student leaders (School Sport Organising Crew) who took on roles such planning, equipment organisation, media, officiating and coaching. They showed great maturity and independence and helped the rest of the children and staff to have a wonderful day.





## Enrichment Activities

Alongside competitive events we have continued to provide a range of enrichment activities for the children. The Summer Term has seen the extension of the extremely popular Dance Club. We employed the services of a specialist dance teacher to lead a group through a range of different styles of dance culminating in a performance at a dance festival in June. Dance has also been a focus during PE lessons with most classes receiving a rich and varied programme taught from the Wirral Scheme and 2 classes receiving specialist dance teaching. Styles of dance have included Bollywood, African Dancing, the Twist, the Jive, 70s Disco and a war dance!



Year 4 were delighted to receive 5 weeks of Fencing led by a specialist instructor. Many of the children described the Fencing sessions as their favourite activity they have done so far at school. Adventurous activities such as fencing and judo help to instil sporting values such as respect and discipline.



## **New PE Scheme of Work**

Using some of the PE and school sport funding, Orrets Meadow purchased the Wirral Scheme of Work for PE. Mr Saul and staff have now embedded the scheme in PE lessons. Teachers have used the scheme to inform their lesson planning and when possible matched lessons to the appropriate year group expectations. Staff have used their acquired knowledge of the STEP framework and the Inclusion Spectrum to make appropriate adaptations to meet the individual needs of their pupils. Mr Saul led further training on planning, delivery and assessment during the Summer Term. Feedback from staff has been very positive with teachers and assistants feeling more confident about learning objectives, progression and assessment. Assessment has been started and will become more of a specific focus for the future.

## **Staff training**

Staff have continued to be offered a rich and varied programme of CPD and training including Striking and Fielding (Matalan TOPs), Outdoor and Adventurous Activities, Health and Fitness, Sainsburys School Games and Health and Safety. Much of the training has been run in partnership with Clare Mount Specialist Sports College. Mr Saul has led some theory based sessions, alongside individual support sessions. This has been reinforced by practical staff meetings, jointly-led with Jon White from Clare Mount Specialist Sports College.

Following INSET earlier in the year, staff implemented a new whole-school gross motor programme based on the work of Julia Dyer. All children have been screened for gross motor difficulties and interventions put in place where necessary. The benefits of the programme are not just improved gross motor skills but also fine motor skills which will aid handwriting. The activities look to improve trunk stability, balance, strength and co-ordination through sequential and cumulative work but also within a framework of fun and creativity. This has worked well as a whole-school initiative and staff are currently assessing the positive impact of the programme on their children's skills.



## Monitoring and assessment of the impact of PE funding

### Staff Survey

The starting point in September was to find out how pupils and staff felt about PE and then tailor our plans accordingly. Staff completed a comprehensive PE audit. There have been some changes in teaching personnel but 3 of the teaching staff are now in their second year of receiving support in PE. Results below are based on percentage of responses. At the end of a two-year cycle, the results from the beginning of the PE funding in 2013 have been included.

Aspects of Teacher Survey	Rated 3 or higher			Rated 4 or higher		
	Sept 13	Sept 14	July 15	Sept 13	Sept 14	July 15
Confidence	20%	100%	100%	0%	43%	100%
Knowledge	38%	76%	97%	16%	40%	95%
Assessment	40%	86%	100%	0%	43%	100%
Use of resources	60%	86%	100%	0%	58%	100%
Knowledge of fitness, health and well-being	100%	100%	100%	40%	86%	100%

Qualitative data such as perceived strengths and areas for improvement was also taken and has been used as a basis for planning, mentoring and CPD. There were lots of positive comments regarding the new scheme of work and the training provided for it. Most requests for CPD have now been facilitated during this academic year. Other areas for development will be addressed during the next academic year with targeted support,

### Pupil Survey

Pupils answered a child-friendly survey about PE at Orrets Meadow. Children were also asked about their favourite activities and whether they played sports outside of school. Results included:

How much do you enjoy PE at school?

	Sept 2013	Sept 2014	July 2015
Enjoy it	65%	73%	88%
It's OK	33%	20%	12%
Don't enjoy it	2%	7%	0%

*What are your 3 favourite activities?*

Results included:

1) Swimming      2) Football      3) Basketball

These preferences have been used to inform planning of lessons, festivals and competitive opportunities. The results are also monitored to see if other activities covered at Orrets grow in popularity due to high quality teaching and learning or increased opportunity. This has certainly been the case for dance, gymnastics, judo and fencing.

An example of using survey results came in June when a selection of pupils who had ranked golf as a favourite activity were taken to experience Tri-Golf at Arrowe Park Golf Course. The children competed in a range of golf stations and after a superb team effort they won the competition. They were then given the opportunity to practice their skills on the club's putting green.



Children were also asked whether they played sports outside of school.

*Do you play at a sports club out of school? :*

41 children said that they played sport outside of school. This was in stark contrast to September when very few children gave a positive response and an increase of 2 since March. Activities out of school included:

Trampolining, Gymnastics, Rugby, Horse Riding, Swimming, Athletics, Judo, Football, Dance, Boxing, Basketball, Karate and Tennis

With assessment a key focus for PE a new question has been added since the initial survey:

*Do you think you are getting better at PE?*

	December 2014	March 2015	July 2015
Getting better	-	93%	99%
Not getting better	-	3%	1%
Don't know	-	4%	0%

This was perhaps the most satisfying result from all of the surveys. The overwhelming majority of children feel they are making progress in PE. The remaining child who does not will be consulted as to why they feel that way and to see if any further improvements in feedback can be offered.

The summer term will continue to see even more sporting opportunities, culminating in our traditional sports day. Children and staff will be involved in planning, leading and officiating a wide range of inclusive and competitive sports and games.

Plans are being made for the future use of the PE funding. Now that staff have increased confidence and subject knowledge, the support offered next year will become much more focused in specific areas for development as we strive to improve teaching and learning in PE even further.