Say the full number sentence every time you practise. "9 add zero makes 9" Try to use different words add plus and more than.

1 + 8 =	1 + 7 =	4 + 2 =	5 + 0 =	1 + 6 =
5 + 1 =	8 + 0 =	7 + 0 =	8 + 1 =	0 + 8 =
1 + 6 =	1 + 8 =	1 + 7 =	4 + 2 =	5 + 0 =
0 + 8 =	5 + 1 =	8 + 0 =	7 + 0 =	8 + 1 =
5 + 0 =	1 + 6 =	1 + 8 =	1 + 7 =	4 + 2 =
8 + 1 =	0 + 8 =	5 + 1 =	8 + 0 =	7 + 0 =
4 + 2 =	5 + 0 =	1 + 6 =	1 + 8 =	1 + 7 =
1 + 6 =	7 + 0 =	8 + 1 =	5 + 1 =	8 + 0 =
1 + 7 =	4 + 2 =	5 + 0 =	1 + 6 =	1 + 8 =
8 + 0 =	8 + 1 =	7 + 0 =	0 + 8 =	5 + 1 =

Date	/	Х	Comments	Date	/	Х	Comments