

# PSHE Year One Friday Overview

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| Autumn 1 | Core Theme 3 Unit 1 LESSON 3: Taking Turns - It's Your Turn!  Core Theme 2 Unit 1 LESSON 7: Good Manners - How Rude!  Core Theme 2 Unit 3 LESSON 6: Kindness - Give a Little |
| Autumn 2 | Core Theme 1 Unit 4 LESSON 1: Happiness - Smile!  Core Theme 2 Unit 1 LESSON 1: Feelings - How I Feel  Core Theme 2 Unit 1 LESSON 2: Responses - You and Me  Core Theme 2 Unit 1 LESSON 3: Opinions - I Think… |
| Spring 1 | Core Theme 1 Unit 2 LESSON 4: Washing Hands - Meet Grub!  Core Theme 1 Unit 1 LESSON 1: Healthy Eating - Vote Green!  Core Theme 1 Unit 1 LESSON 2: Healthy Eating - Meat Eaters  Core Theme 2 Unit 3 LESSON 2: Comparisons - All the Same |
| Spring 2 | Core Theme 1 Unit 5 LESSON 4: Personal Safety - Secret Surprise  Core Theme 1 Unit 5 LESSON 5: Emotional Safety - Getting Help  Core Theme 5 Lesson 1(KS1) I can run faster |
| Summer 1 | Core Theme 2 Unit 4 LESSON 5: Family - My Family  Core Theme 2 Unit 4 LESSON 6: Family - Special People  Core Theme 3 Unit 1 LESSON 6: Caring - Talking to Plants  Core Theme 3 Unit 1 LESSON 4: Lending / Borrowing - The Borrowers |
| Summer 2 | Core Theme 3 Unit 3 LESSON 1: Money - Grows on Trees?  Core Theme 3 Unit 3 LESSON 2: Money - Coining it in!  Core Theme 3 Unit 3 LESSON 3: Money - Keep Money Safe |

**Core Theme Coverage:**

Core Theme 1 Health and Wellbeing

Core Theme 2 Relationships

Core Theme 3 Living in the Wider World

**Additional Coverage:**

4. Relationships and Sex

5. Extremism and Radicalisation

6. Drugs Ed