# PSHE Year Four Friday Overview

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| Autumn 1 | Core Theme 1 Unit 6 LESSON 4: Online Privacy – It’s Personal  Core Theme 1 Unit 6 LESSON 5: Internet Use – Online Usage  Core Theme 1 Unit 6 LESSON 6: Internet Use – Age Limits |
| Autumn 2 | Core Theme 2 Unit 3 LESSON 2: Self-Worth – I’m a Marvel!  Core Theme 3 Unit 3 LESSON 1: Gender Stereotypes – His and Hers  Core Theme 1 Unit 5 LESSON 5: Feelings - Overreacting |
| Spring 1 | Core Theme 1 Unit 3 LESSON 2: A Balanced Diet – Balancing Act  Core Theme 1 Unit 3 LESSON 3: Working With Food – Master Chef  Core Theme 1 Unit 3 LESSON 4: Working With Food – Our Food Hall |
| Spring 2 | Core Theme 1 Unit 5 LESSON 6: Self-Respect – Let’s Rock!  Core Theme 5 Lesson 4 (KS2) Easily Influenced  Core Theme 5 Lesson 5 (KS2) Ground Zero. |
| Summer 1 | Core Theme 2 Unit 1 LESSON 3: Responding to Others – Agony Aunts  Core Theme 2 Unit 1 LESSON 4: Expressing Opinions – It’s Debatable  Core Theme 1 Unit 5 LESSON 3: Loss / Separation – Left Behind |
| Summer 2 | Core Theme 3 Unit 4 LESSON 1: Money Choices – A Million Dollars  Core Theme 3 Unit 4 LESSON 2: Managing Money – Design Choices |

**Core Theme Coverage:**

Core Theme 1 Health and Wellbeing

Core Theme 2 Relationships

Core Theme 3 Living in the Wider World

**Additional Coverage:**

4. Relationships and Sex

5. Extremism and Radicalisation

6. Drugs Ed

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