# PSHE Year Four Dimensions Overview

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| Law and Order | Year 3 Core Theme 3 Unit 1 LESSON 1: Rules – I’m In Charge!  Year 3 Core Theme 3 Unit 1 LESSON 2: Thinking Ahead – Lesson Planning  Year 3 Core Theme 3 Unit 1 LESSON 3: Taking the Lead – Learning Time |
| Under the Canopy | Year 4 Core Theme 2 Unit 4 LESSON 2: Family Links – Family Tree  Year 4 Core Theme 1 Unit 5 LESSON 4: Family Changes – Two Homes  Year 3 Core Theme 1 Unit 5 LESSON 1: Loss / Separation – Lost!  Year 3 Core Theme 1 Unit 5 LESSON 2: Loss / Separation – Found! |
| Come Fly With Me  Africa | Year 4 Core Theme 1 Unit 3 LESSON 1: A Balanced Diet – Plant or Animal?  Year 4 Core Theme 1 Unit 3 LESSON 2: A Balanced Diet – Balancing Act  Year 3 Core Theme 3 Unit 2 LESSON 2: School Communities – School Swap |
| That’s All Folks | Year 4 Core Theme 1 Unit 4 LESSON 1: Identified Strengths – I’m Good at That  Year 4 Core Theme 1 Unit 4 LESSON 2: Identified Strengths – Future Me  Year 4 Core Theme 1 Unit 4 LESSON 3: Setting Goals – That’s My Goal!  Year 4 Core Theme 1 Unit 4 LESSON 4: Setting Goals – The Impossible Dream |

**Core Theme Coverage:**

Core Theme 1 Health and Wellbeing

Core Theme 2 Relationships

Core Theme 3 Living in the Wider World

**Additional Coverage:**

4. Relationships and Sex

5. Extremism and Radicalisation

6. Drugs Ed

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