

# Covid -19 –Putting on & taking of PPE in schools



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# Covid -19 –Putting on & taking of PPE in schools



**SafeSchool™**

Supporting a whole school  
approach to Safety and Health  
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Mersey Region

***‘Because Safety Matters’***

# Covid -19 –Putting on & taking of PPE in schools

## **What is PPE?**

### **Personal Protective Equipment**

PPE is equipment that will protect the user against health or safety risks at work. It can include items such as safety helmets, gloves, eye protection, high-visibility clothing, safety footwear and safety harnesses. It also includes respiratory protective equipment (HSE).

## Covid 19 –Putting on & taking off PPE in schools

**PPE** is part of a package of protective measures used in schools to reduce the risk of transmission of Covid 19. These are:

1. avoiding contact with anyone with symptoms
2. frequent hand cleaning and good respiratory hygiene practices
3. minimising contact and mixing
4. regular cleaning & hygiene in settings

Please see – ***Covid 19 – social distancing & hygiene –Health & Safety guidance*** presentation for more details.

When should we wear PPE- clear guidance from PHE.

PPE Requirements	Disposable plastic apron	Disposable gloves	Fluid resistant (IIR) surgical mask	Eye protection	Additional measures
<p>Staff teaching children with no direct contact (maintaining 2m social distance)</p> <p>Including special schools with no direct contact (maintaining 2m social distance)</p>	X	X	X	X	<p>Must maintain 2 m social distancing. If providing hands on personal care, <b>wear disposable gloves and disposable apron</b></p>
<p>Staff in special school settings, in direct personal contact and/or when unintended contact with a child is likely e.g. children with challenging behaviour</p>	✓ (single use)	✓ (single use)	✓ (continuous use)	X	<p>if there is an additional splash risk (e.g. a spitting child), <b>continuous use of eye protection would also be indicated by risk assessment</b></p>
<p>Staff member whose role requires direct personal contact (within 2 metres) with a child with suspected/confirmed Covid-19.</p>	✓ (single use)	✓ (single use)	✓ (single or continuous use)	<p>✓ (risk assess continuous use-wear if risk of facial splash/contamination with blood, body fluids or respiratory droplet)</p>	<p>Maintain 2m social distancing if possible</p> <p>Isolate child on site in a ventilated room and arrange for them to be sent home to self-isolate asap. Staff member only self isolates if develops symptoms.</p>

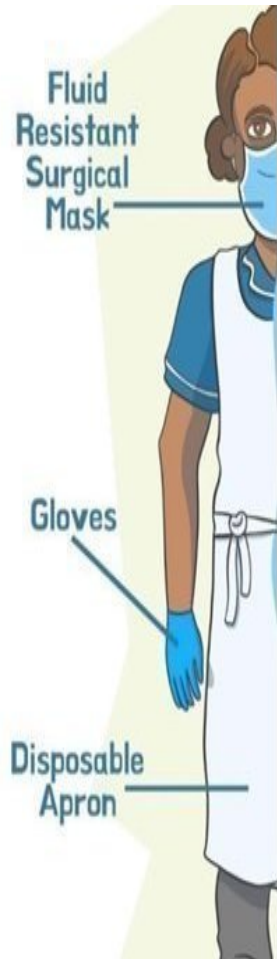
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**Eye Protection & Masks** *The need for a mask and eye protection should be assessed by the member of staff prior to the task being carried out and can be worn on a sessional basis.*

## **PHE guidance states**

- Masks should be well fitted
- Ensure staff know how to safely don and remove PPE
- Must be discarded in clinical waste
- Hand washing with soap and hot water for 20 secs minimum **INCLUDE** washing forearms if exposed.

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### Gather items or have PPE station

- Hand washing available or sanitiser
- Disposable gloves ( variety of sizes)
- Disposable apron
- Fluid resistant surgical mask\*
- Eye protection \*

**\* Eye Protection & Masks** *The need for a mask and eye protection should be assessed by the member of staff prior to the task being carried out and can be worn on a sessional basis.*

## **Order of putting on PPE- donning**

- 1. Perform hand hygiene** - hand washing 20 seconds or or use sanitiser
- 2. Apron**
- 3. Mask** - if required ( see risk assessment)
- 4. Eye protection** - if required ( see risk assessment)
- 5. Gloves**



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### **Apron**

Pull over head and fasten at back of waist.

3



### **Surgical mask (or respirator)**

Secure ties or elastic bands at middle of head and neck. Fit flexible band to nose bridge. Fit snug to face and below chin. Fit/check respirator if being worn.

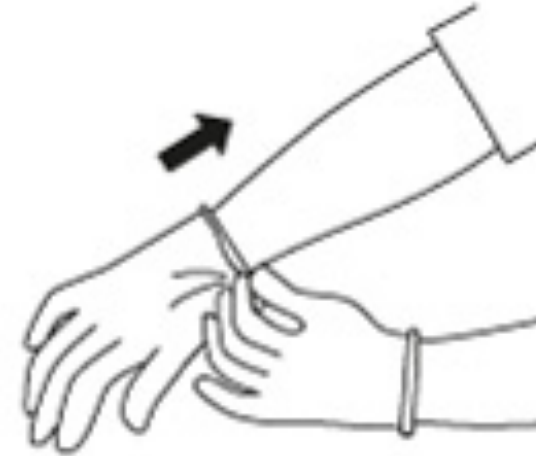
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**Eye Protection (Goggles/Face Shield)**  
Place over face and eyes and adjust to fit.

5



**Gloves**  
Select according to hand size. Extend to cover wrist.

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**REMEMBER NOT TO TOUCH YOUR HAIR, FACE,  
MASK WHEN WEARING PPE**

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### **Order of removing PPE –doffing**

- 1. Gloves**
- 2. Perform hand hygiene** - hand washing 20 seconds or use sanitiser
- 3. Remove apron**
- 4. Remove eye protection** (if worn)
- 5. Perform hand hygiene** - hand washing 20 seconds or use sanitiser
- 6. Remove mask** (if worn)
- 7. Perform hand hygiene** - hand washing 20 seconds or use sanitiser

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Outside of gloves are contaminated. Grasp the outside of the glove with the opposite gloved hand; peel off.

7



Hold the removed glove in the gloved hand. Slide the fingers of the ungloved hand under the remained glove at the wrist. Peel the second glove off over the first glove. Discard into an appropriate lined waste bin.

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### Apron

Apron front is contaminated. Unfasten or break ties. Pull apron away from neck and shoulders touching inside only. Fold and roll into a bundle. Discard into an appropriate lined waste bin.

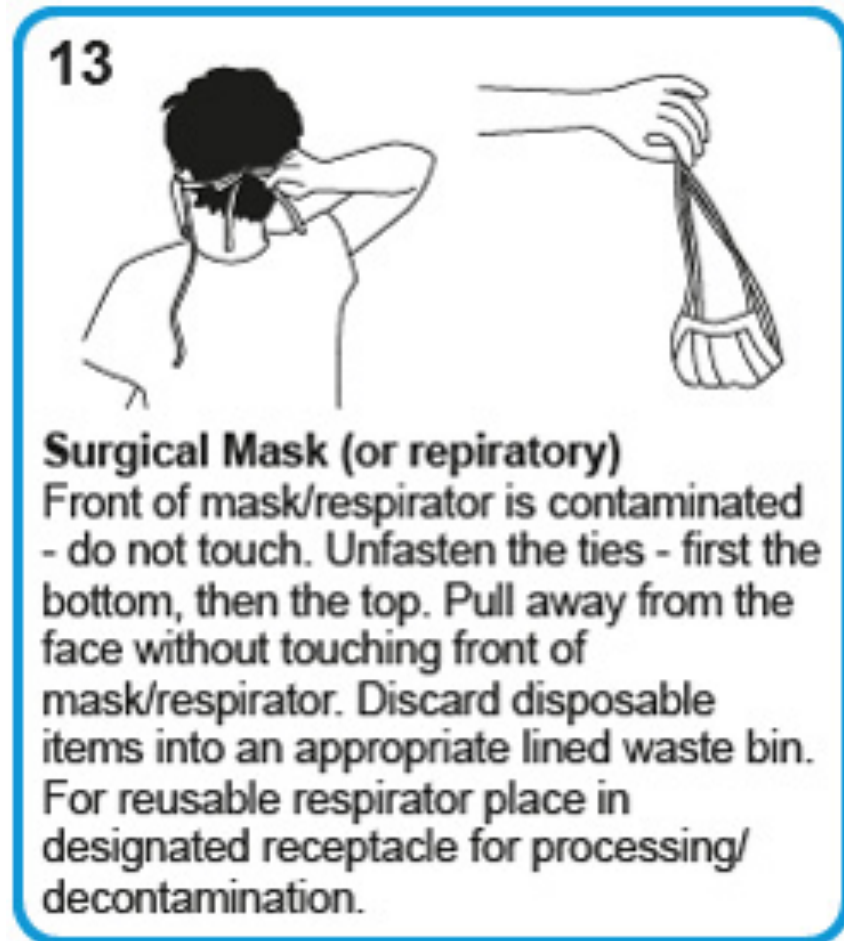
12



### Eye Protection (Goggles/face shield)

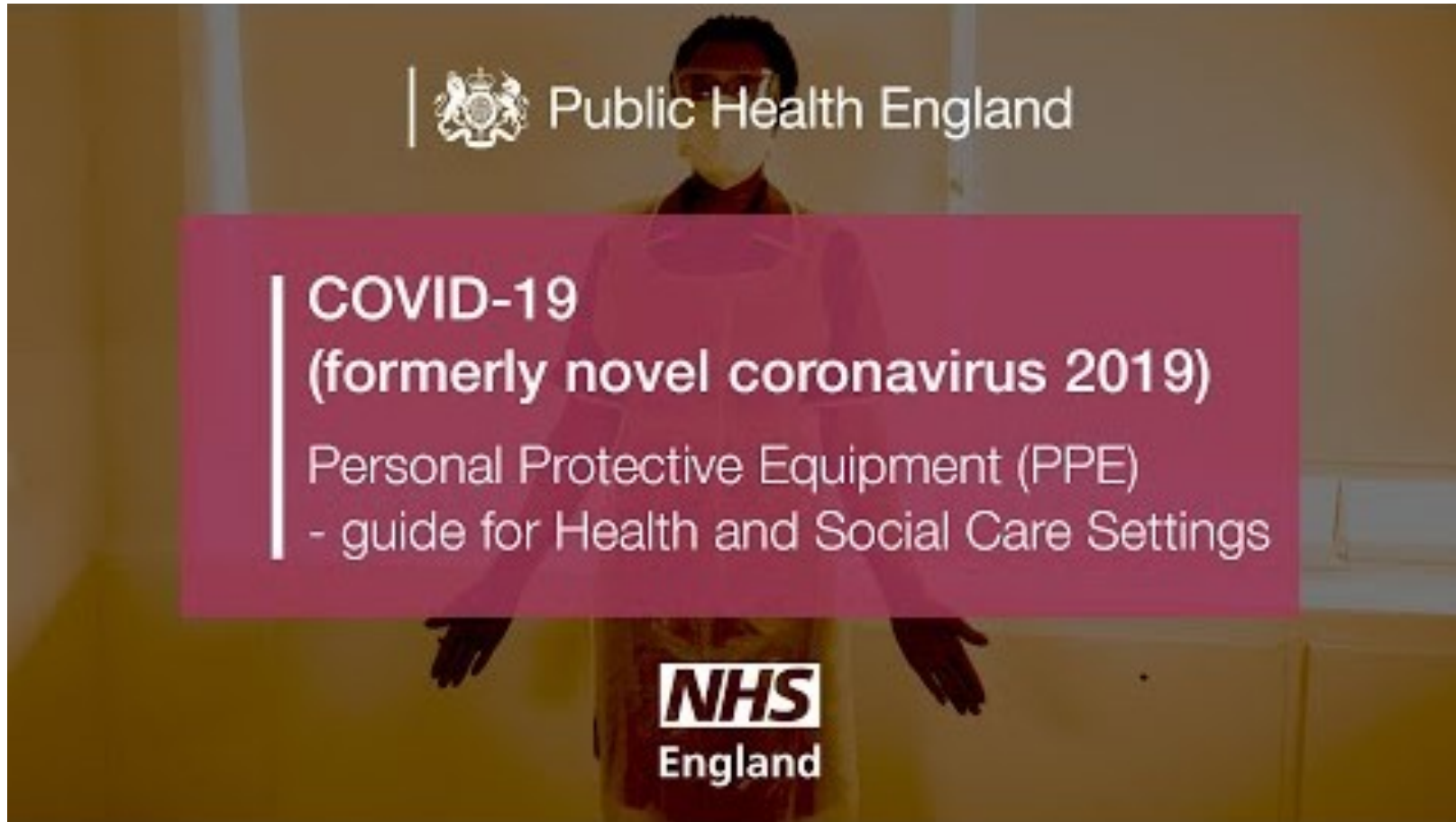
Outside of goggles or face shield are contaminated. Handle only by the headband or the sides. Discard into a lined waste bin or place into a receptacle for reprocessing/ decontamination.

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- **Perform hand hygiene immediately on removal.**
- **All PPE should be removed before leaving the area and disposed of as clinical waste.**

# PHE/ NHS - Putting on and taking off PPE





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## **Putting on and taking PPE**

**Poster 1 – print out both and display at point of use.**

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/878677/PHE\\_11606\\_Putting\\_on\\_PPE\\_062\\_revised\\_8\\_April.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878677/PHE_11606_Putting_on_PPE_062_revised_8_April.pdf)

## **Poster 2**

- [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/878678/PHE\\_11606\\_Taking\\_off\\_PPE\\_064\\_revised\\_8\\_April.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878678/PHE_11606_Taking_off_PPE_064_revised_8_April.pdf)

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## REMEMBER

**PPE/Gloves are not an alternative to good hand washing practices.**

Where gloves are used, hands must be thoroughly washed following the removal of gloves



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## Knowledge check

1. Wearing PPE means I do not have to wash my hands? **True/False**
2. Which order does PPE go on in?
3. Which order does PPE get taken off in?
4. PPE can be disposed off in the bin – **True/False**
5. When should I wear a face mask and/or eye protection?
  - a) Always
  - b) If there is some available
  - c) When a risk assessment or dynamic risk assessment indicates the need to wear it

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## ANSWERS

1. False
2. Apron ,mask\* , eye protection\* , gloves
3. Gloves, apron, eye protection\* , mask\*
4. False
5. When should I wear a face mask and/or eye protection?  
C. When a risk assessment or dynamic risk assessment indicates the need to wear it

\* If risk assessment identifies requirement